



Greenhouse Farm Nursery

Autumn/Winter Menu

Breakfast is served from 7:30am-9:30am. Options include Toast, Weetabix, Porridge, Wholegrain hoops, Shreddies, Cornflakes, Crumpets, Pancakes, Brioche, Croissants.

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lunch (11am-12pm)	Corned Beef Hash with crusty bread <u>OR</u> Mixed Bean & lentil Hash(V) Raisin Buns <u>OR</u> Peaches & Custard (BR)	Spaghetti Bolognese with sweetcorn <u>OR</u> Quorn Bolognese (V) Pineapple & Blueberries <u>OR</u> Melon & Blueberries (BR)	Fish Pie with mixed vegetables Winter spiced poached pear & yoghurt	Chicken Chasseur with rice <u>OR</u> Vegetable Risotto (V) Diary free chocolate & banana brownies	Sausage/ Veg Sausage, chips & mushy peas <u>OR</u> Minced beef & onion pie, potatoes & mixed veg (BR) Malt Loaf <u>OR</u> Mango fingers with yoghurt (BR)
Afternoon Snack (3-4pm)	Cheese & Chive scrambled egg with toast fingers (BR) Fruit selection	Homemade vegetable soup with a fresh roll Fruit selection	Rice cakes with cream cheese <u>OR</u> Cheese twists (BR) Cherry tomatoes Fruit selection	Hash browns & spaghetti hoops <u>OR</u> Ham & cheese potato cakes (BR) Fruit selection	Tuna pitta Cucumber sticks Fruit selection
WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lunch (11am-12pm)	Chicken Lasagne <u>OR</u> Quorn Chicken Lasagne (V) Yoghurts	Gruffalo Crumble & carrots <u>OR</u> Quorn Crumble (V) Chocolate rice crispy cakes <u>OR</u> Sunshine Peach Muffins (BR)	Sweet potato & chickpea curry with rice & naan bread <u>OR</u> Baby friendly sweet potato curry (BR) Fork Biscuits <u>OR</u> Rice pudding & apple puree (BR)	Fish, chips & peas <u>OR</u> Fish pie (BR) Fresh Bananas & Angel delight <u>OR</u> Baked bananas & Greek yoghurt (BR)	Roast Chicken dinner/Quorn roast dinner Melon & Tangerines
Afternoon Snack (3-4pm)	Spanish Tortilla <u>OR</u> Hummus and pitta bread Fruit selection	Beans on toast Fruit selection	Hot Dogs/Quorn Sausages <u>OR</u> Tuna & sweetcorn fritters (BR) Cucumber & pepper batons Fruit selection	Jacket potato with cheese <u>OR</u> Creamy pesto pasta (BR) Fruit selection	Ham Sandwiches <u>OR</u> Avocado & cheese toastie (BR) Crisps Fruit selection
WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lunch (11am-12pm)	Shepherd's Pie with root vegetable topping <u>OR</u> Quorn Shepherd's Pie Fresh fruit salad	Chicken Curry, rice & chapatis <u>OR</u> Quorn Chicken curry Jelly & cream	Cauliflower & Broccoli Macaroni Cheese with garlic bread Banana & Cinnamon oaty cups	Cowboy Pie with mixed veg <u>OR</u> Fish casserole Coconut rice pudding	Vegetable pie with gravy Kiwi & Bananas
Afternoon Snack (3-4pm)	Courgette, apple & cheese Quesadilla Fruit selection	Tuna Patè & crackers <u>OR</u> Tuna & sweetcorn twists (BR) Cucumber batons Fruit selection	Coronation Chicken sandwiches <u>OR</u> Avocado & egg sandwiches (BR) Fruit selection	Homemade tomato & lentil soup with a fresh roll Fruit selection	Spaghetti on toast <u>OR</u> Smoky tomato & herb pasta (BR) Pepper batons Fruit selection
WEEK 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lunch (11am-12pm)	Tuna Pasta bake & sweetcorn Cinnamon & Banana pancakes	Turkish Lamb & apricot Pilau / Quorn Pilau Winter berry bread and butter pudding	Chicken & Leek pie with vegetables <u>OR</u> Quorn Chicken Pie Bananas & custard	Chilli & rice with pitta fingers <u>OR</u> Vegetable Chilli Homemade scones or Coconut & raspberry porridge (BR)	Homemade cheese & onion pie with a mashed potato topping & beans Greek yoghurt & peach puree
Afternoon Snack (3-4pm)	Vegetable fingers, pitta's & dips Fruit selection	Bagels with cream cheese Fruit selection	Chip sandwiches <u>OR</u> Smoky beans & toast fingers Fruit selection	Cheese & cucumber wraps Fruit selection	Sausage rolls/ Vegetarian sausage rolls <u>OR</u> Courgette Fritters (BR) Crisps Fruit selection

Dietary Requirements will be catered for - where necessary, meals are made with alternative ingredients.

(V) – Vegetarian (BR) - The Baby Room - occasionally have differing meals that are more suitable to them.

ANY MEAL CAN BE SUBJECT TO CHANGE IF FOR EXAMPLE TESCO DO NOT DELIVER CERTAIN ITEMS/INGREDIENTS